

Frequently Asked Questions

Can I take a bath or swim with Cardea SOLO?

NO! If immersed or saturated in water the recording may stop.

I have an MRI scheduled during my wear period, is that okay?

No! Consult your Provider if you need an MRI procedure or have one scheduled during your wear period.

Can I wear Cardea SOLO during diagnostic X-rays?

YES! Cardea SOLO is safe to wear during x-rays, such as dental x-rays, however, consult your Provider regarding specific planned x-rays and imaging procedures.

Can I wear Cardea SOLO through airport security?

YES! Cardea SOLO will not interfere with security equipment. Security personnel may inspect the Cardea SOLO area. You will not need a doctor's letter while traveling wearing Cardea SOLO.

How can I check that my Cardea SOLO is working?

Once activated, Cardea SOLO is constantly recording your ECG data. To check Cardea SOLO is recording your heartbeat, position yourself in front of a mirror, dim the lights, and press the button on Cardea SOLO. You should see a **green** light flashing in the same rhythm as your heartbeat. **If you do not see a light or see green and red lights, contact your healthcare provider's office for instructions.**

My Cardea SOLO hurts, should I keep it on?

NO! If you experience swelling, redness, a rash, tenderness, SEVERE itching or broken skin around or beneath Cardea SOLO, immediately remove and contact your healthcare Provider as soon as possible for instructions.

Your Cardea SOLO was applied on
Day/Date/Time:

You are due to return your Cardea SOLO on: _____

Please wear your Cardea SOLO until: _____

Please remove your Cardea SOLO before your next appointment and follow instructions below:

All About Cardea SOLO™

Helpful tips for a successful ECG recording



PROVIDER CONTACT

Contact your Provider with any questions or concerns about wearing Cardea SOLO:

Practice Name _____

Telephone Number _____

Tips for Wearing Cardea SOLO



AVOID showering during the first 24 hours



Take brief showers, facing away from the stream.



No lotions, oils or powders around Cardea SOLO



Use the Patient Diary to record symptoms if and when symptoms occur



Press the button to note if you experience a symptom

Relax, don't rush! Count to 10 and press the button

Cardea SOLO does not wirelessly monitor or transmit your heart rhythm to your healthcare provider.

Contact your healthcare provider with any questions, concerns, or to report changes in your condition.

If you are experiencing a medical emergency, dial 911.

What is Cardea SOLO™?

Cardea SOLO is a wearable, medical-grade, prescription device that continuously records your heart's electrical activity ("electrocardiogram"). Information collected by Cardea SOLO will help your clinician determine if you have an irregular heart rhythm or "arrhythmia," or other cardiac condition.



Why did my healthcare provider prescribe Cardea SOLO?

Your provider wants to learn more about the rate and rhythm of your heart during normal activity. This may be related to symptoms you have just reported, or to aid in your current diagnostic or treatment plan.

How long do I wear Cardea SOLO?

Cardea SOLO is designed to be worn for 7 days. However, your clinician may choose to modify your wear period depending on your care plan.



What can I do while wearing Cardea SOLO?

Go about your day! Unless otherwise instructed, you can usually maintain your daily routine while wearing Cardea SOLO.

While being very simple to wear, Cardea SOLO requires your care and attention for a comfortable wear experience and the most useful information for your physician.

Avoid any activity that would cause excessive sweating or cause your Cardea SOLO to become saturated with water.

What happens at the end of my Cardea SOLO wear period?

Return Cardea SOLO to your clinician's office per staff instructions.

Your healthcare provider will read and report the findings from Cardea SOLO at a future appointment or as instructed.

